2016 IFSC EUROPE

EUROPEAN YOUTH CUP
BOULDER

SOURE, PORTUGAL

7/8 MAY 2016

ORGANISED BY:
ORGANIZATION

The competition is organized by the Portuguese Climbing and Mountaineering Federation F.P.M.E. ([www.fpme.org](http://www.fpme.org)) and the Club NESoure.

Host Federation: FPME
Mr. Carlos Gomes
Phone: +351 936 626 048
Mail: carlos.gomes@fpme.org

Organizing Club: NESoure
Mr. Alberto Cruz
Phone: +351 966 142 879
Mail: albertocruz@escolasdesoure.pt

TEAM QUOTAS & RULES

Refer to IFSC Rules, pay attention to the following points:

The EYC is organized by the IFSC Europe in accordance with the IFSC general and boulder regulations and the European Youth Cup Bouldering rules


LICENSES:
Only competitors and team officials holding a valid IFSC international license are allowed to register for the competition.

TEAM OFFICIALS:
Member federations may register up to a maximum of five (5) team officials. These officials shall be registered via the IFSC website, must be in possession of a valid international licence and specifically nominated for one of the following roles:

- a) One (1) team manager;
- b) Two (2) team coaches;
- c) Two (2) qualified medical or para-medical personnel.

TEAM QUOTA:
Each federation - 4 male and 4 female competitors in each category
Host federation - 6 male and 6 female competitors in each category

AGE CATEGORIES:
Juniors 1997 – 1998
Youth A 1999 - 2000
Youth B 2001 - 2002
REGISTRATION

Apply on the IFSC Online Registration System: https://ifsc.egroupware.net/egw/login.php

Registration Deadline: Monday, 2th of May 2016.

Registration fees: Euro 25€ for each competitor. Please pay the registration fee of 20€ at the registration desk on Friday 6th of May 2016. 5€ per competitor will be charge by IFSC Europe to the national federation.

The payment can be made in cash on the registration desk or by bank transfer to the account PT50 0010 0000 2249 4160 0019 3; SWIFT/BIC - BBPIPTPL. Copy of the bank transfer receipt must be sent to the email eyc-soure@fpme.org and its presentation can be asked on registration desk.

For the registration on Friday, it is necessary for all team managers to show the passports or ID-cards of their competitors

Registration desk: Soure City Hall

GPS: 40°03'39.4"N 8°37'32.3"W

IMPORTANT:
Please send a list of your Team Officials (manager, coaches and medical staff) and the mobile phone number of the team manager together with arrival information of the team to the email: albertocruz@escolasdesoure.pt.

Confirmation of attendance for delayed arrival:
In case a team is not able to make the registration in time due to flight delays or other unpredictable reasons, please contact:
ALBERTO CRUZ: +351 966 142 879

TRAVEL DETAILS

Visa:
If you need invitations for Visa, please fulfil the template provided at the end of the document before 11th March and send it to: fpme@fpme.org. And please, don’t forget to attach a scanned passport copy.
TRAVELING TO SOURE
Soure is located near Coimbra and about 150km of Porto airport and 180 km of Lisbon airport. It has a railway station and some trains from Porto, Lisbon and Coimbra stop there.

TRAVEL DETAILS
- By plane: The nearest airports are:
  - Porto (157 km)
  - Lisboa (177 km)
- By train: From Porto or Lisbon you can catch a train to Soure Railway station, then take less than 10 minutes walk to the competition venue. It is possible to take a train from Porto or Lisbon to Coimbra and come to Soure by train or by bus.
- By car: On motorway From Lisbon or Porto take A1; take the exit marked Soure. At the roundabouts take N348 to the right. After 6 km you are in centre of Soure.

COMPETITION VENUE

Pavilhão da Encosta do Sol
Avenida Doutor Humberto Lopes Luís
Urb. Encosta do Sol
3130-255 Soure
The venue is near the middle of the village, 500m from the City Hall.
Google Maps: [https://www.google.pt/maps/@40.0652488,-8.6263145,419m/data=!3m1!1e3?hl=pt-PT](https://www.google.pt/maps/@40.0652488,-8.6263145,419m/data=!3m1!1e3?hl=pt-PT)
GPS: 40.066142, -8.627478

IFSC OFFICIALS
- IFSC Jury President: to be defined
- IFSC Chief Route Setter: Simon Margon

PRIZES
Medals for the top 3 climbers of each category.
**ACCOMMODATION**

Soure is a small village with few accommodations. So, in Soure will have:

A small hostel, 1000m from the venue with rooms with 1, 2, 3, 4, or 5 beds, all of them with individual WC. The price is 15€ per person/night.

To reserve on this places contact with: [eye-soure@fpme.org](mailto:eye-soure@fpme.org)

All hotels and hostels listed below have agreed to a reduced price for the bouldering event:

<table>
<thead>
<tr>
<th>category</th>
<th>name</th>
<th>phone</th>
<th>email</th>
<th>website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soure, 5 km to the venue</td>
<td>Palace Hotel &amp; SPA das Termas do Bicanho</td>
<td>+351 238 580 020</td>
<td><a href="mailto:geral@termaobicanho.com">geral@termaobicanho.com</a></td>
<td><a href="http://www.termaobicanho.com">www.termaobicanho.com</a></td>
</tr>
<tr>
<td>Pombal 17 km to the venue</td>
<td>Cardal Hotel</td>
<td>+351 236 200 220</td>
<td><a href="mailto:info@cardalhotel.com">info@cardalhotel.com</a></td>
<td><a href="http://www.cardalhotel.com">www.cardalhotel.com</a></td>
</tr>
<tr>
<td></td>
<td>Hotel Pombalense</td>
<td>+351 236 200 990</td>
<td><a href="mailto:info@hotelpombalense.pt">info@hotelpombalense.pt</a></td>
<td><a href="http://www.hotelpombalense.pt">www.hotelpombalense.pt</a></td>
</tr>
<tr>
<td></td>
<td>Senhora de Belém Hotel</td>
<td>+351 236 200 800</td>
<td><a href="mailto:hotel@senhoradebellem.com">hotel@senhoradebellem.com</a></td>
<td><a href="http://www.srdebellem.com">www.srdebellem.com</a></td>
</tr>
<tr>
<td>Condeixa-a-Nova 12 km to the venue</td>
<td>Pousada Condeixa-Coimbra</td>
<td>+351 238 944 025</td>
<td><a href="mailto:recepcao@pousadacondeixa-coimbra.com">recepcao@pousadacondeixa-coimbra.com</a></td>
<td><a href="http://www.pousadacondeixa-coimbra.com">www.pousadacondeixa-coimbra.com</a></td>
</tr>
<tr>
<td></td>
<td>Paço da Ega</td>
<td>+351 238 941 341</td>
<td><a href="mailto:info@paco-da-ega.com">info@paco-da-ega.com</a></td>
<td><a href="http://www.paco-da-ega.com">www.paco-da-ega.com</a></td>
</tr>
<tr>
<td>Coimbra 29 km to the venue</td>
<td>Hotel Apartamento Tryp Coimbra</td>
<td>+351 239 480 800</td>
<td><a href="mailto:tryp.coimbra@meliaportugal.com">tryp.coimbra@meliaportugal.com</a></td>
<td><a href="http://www.trypcoimbra.com">www.trypcoimbra.com</a></td>
</tr>
<tr>
<td></td>
<td>Tivoli Coimbra City Center Hotel</td>
<td>+351 239 859 300</td>
<td><a href="mailto:reservations@tivolihotels.com">reservations@tivolihotels.com</a></td>
<td><a href="http://www.tivolihotels.com">www.tivolihotels.com</a></td>
</tr>
<tr>
<td></td>
<td>Hotel D. Luís</td>
<td>+351 238 802 120</td>
<td><a href="mailto:geral@hotelclus.pt">geral@hotelclus.pt</a></td>
<td><a href="http://www.hoteld">www.hoteld</a> Luis.pt</td>
</tr>
<tr>
<td></td>
<td>Hotel D. Inês</td>
<td>+351 238 855 800</td>
<td><a href="mailto:reservas@donaines.pt">reservas@donaines.pt</a></td>
<td><a href="http://www.hoteld-ines.pt">www.hoteld-ines.pt</a></td>
</tr>
<tr>
<td></td>
<td>Hotel Ibis Coimbra</td>
<td>+351 238 852 130</td>
<td><a href="mailto:ibis2104@accor.com">ibis2104@accor.com</a></td>
<td><a href="http://www.ibis.com">www.ibis.com</a></td>
</tr>
<tr>
<td></td>
<td>Hostel Avenida Coimbra</td>
<td>+351 239 822 155</td>
<td><a href="mailto:hostel@hotelavenidacoimbra.com">hostel@hotelavenidacoimbra.com</a></td>
<td><a href="http://www.hotelavenidacoimbra.com">www.hotelavenidacoimbra.com</a></td>
</tr>
<tr>
<td></td>
<td>Hostel Alojamento Local Duarte’s</td>
<td>+351 239 051 403</td>
<td><a href="mailto:alojamentolocalduartes@gmail.com">alojamentolocalduartes@gmail.com</a></td>
<td><a href="http://www.alojamentolocalduartes.com">www.alojamentolocalduartes.com</a></td>
</tr>
<tr>
<td>Figueira da Foz 36 km to the venue</td>
<td>Hotel Mercure Figueira da Foz</td>
<td>+351 233 403 900</td>
<td><a href="mailto:n1921@accor.com">n1921@accor.com</a></td>
<td><a href="http://www.mercure.com">www.mercure.com</a></td>
</tr>
<tr>
<td></td>
<td>Sweet Atlantic Hotel</td>
<td>+351 233 408 900</td>
<td><a href="mailto:reservas@sweethotels.pt">reservas@sweethotels.pt</a></td>
<td><a href="http://www.sweethotels.pt/hoteis-atlantic.php">www.sweethotels.pt/hoteis-atlantic.php</a></td>
</tr>
<tr>
<td></td>
<td>Universal Boutique Hotel</td>
<td>+351 233 090 110</td>
<td><a href="mailto:reservas@universalboutiquehotel.pt">reservas@universalboutiquehotel.pt</a></td>
<td><a href="http://www.universalboutiquehotel.pt">www.universalboutiquehotel.pt</a></td>
</tr>
<tr>
<td></td>
<td>Costa da Prata Hotel</td>
<td>+351 233 426 620</td>
<td>hotel@costada prataporto.com</td>
<td><a href="http://www.hotelcostadapraia.com">www.hotelcostadapraia.com</a></td>
</tr>
<tr>
<td></td>
<td>Hotel Ibis Figueira da Foz</td>
<td>+351 233 408 190</td>
<td><a href="mailto:ibis2704@accor.com">ibis2704@accor.com</a></td>
<td><a href="http://www.ibishotel.com">www.ibishotel.com</a></td>
</tr>
<tr>
<td></td>
<td>Hotel Wellington</td>
<td>+351 233 426 767</td>
<td><a href="mailto:geral@lupahoteis.com">geral@lupahoteis.com</a></td>
<td><a href="http://www.lupahoteis.com">www.lupahoteis.com</a></td>
</tr>
<tr>
<td></td>
<td>Lazza Hotel</td>
<td>+351 233 425 105</td>
<td>info@lazza hotel.com</td>
<td><a href="http://www.lazzahotel.com">www.lazzahotel.com</a></td>
</tr>
<tr>
<td></td>
<td>Sweet Residence &amp; Gardens</td>
<td>+351 233 429 455</td>
<td><a href="mailto:reservas@sabirhoteis.pt">reservas@sabirhoteis.pt</a></td>
<td><a href="http://www.sweethotels.pt/hoteis_residence.php">www.sweethotels.pt/hoteis_residence.php</a></td>
</tr>
</tbody>
</table>

**NOTE:** Accommodations in Coimbra and Pombal have great demand in this weekend.

Please book your rooms directly with the hotels/hostels and mention that you are a participant on the European Youth Boulder Cup in Soure. With this you will benefit from the reduced prices.

For further assistance please get directly in contact with the hotel.
PROVISIONAL PROGRAMME (LOCAL TIME)

Warning: This provisional schedule has to be confirmed at the technical meeting

Friday, May 6th
Soure City Hall (www.cm-soure.pt)

16:30 - 18:00 - Registration
18:30 - Opening session
18:45 - Technical Meeting

Saturday, May 6th
Event Venue

07.30 – Open Warming zone
09.00 - 10.30 - Contest Youth B female
10.40 - 13.00 - Contest Youth B male
14.00 - 16.00 - Contest Youth A and Junior female
16.10 - 17.40 - Contest Youth A male
17.50 - 19.50 - Contest Junior male

Depending on the number of competitors, the timetable may vary!

Sunday, May, 8th - FINALS
Event Venue

FINALS Youth B, Youth A and Junior female
07.30 - Isolation zone opening Youth B, Youth A and Junior female
08.00 - Isolation zone closing
08.30 - 11.00 - Finals categories Youth B, Youth A and Junior female

FINALS Youth B, Youth A and Junior male
10.30 - Isolation zone opening Youth B, Youth A and Junior male
11.00 - Isolation zone closing
12.00 - 14.30 - Finals categories Youth B, Youth A and Junior male
16.00 - Award ceremony
## EVENT ORGANIZER SPONSORS

<table>
<thead>
<tr>
<th>Presenting Partner</th>
<th>Host Partner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agrupamento de Escolas</td>
<td>Município de Soure</td>
</tr>
<tr>
<td>Martinho Arias</td>
<td></td>
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</tbody>
</table>

### Main Partners

<table>
<thead>
<tr>
<th>Reynaers</th>
<th>Toboga</th>
</tr>
</thead>
<tbody>
<tr>
<td>Together for better</td>
<td>desporto</td>
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</tbody>
</table>

### Partners

<table>
<thead>
<tr>
<th>Clube de Escalada da Maia</th>
<th>CMFF</th>
<th>ATV</th>
<th>CT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Formação e aventura</td>
<td></td>
<td>vertical wall</td>
<td>vertigo climbing center</td>
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</tbody>
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### Supporters

<table>
<thead>
<tr>
<th>360 Holds</th>
<th>flathold</th>
<th>Cheetah</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shape the movement</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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2016

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**INFORMATION FOR VISA**

(Adjust depending on needs)

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
<th>Birth Date</th>
<th>Place of birth</th>
<th>Nationality</th>
<th>Passport Number</th>
<th>Expiration date</th>
<th>Address</th>
<th>Phone number / email</th>
<th>Occupation</th>
<th>Place of visa application</th>
</tr>
</thead>
</table>

Please don’t forget to attach a scanned passport copy

Address where to send the invitation(s):